

# **Aloe Vera Juice 1 Liter**

EAN: 8427483011637 FABRICANTE: SOTYA



*Organic aloe vera drink that helps reduce gastrointestinal problems such as stomach ulcers or gastritis. Promotes the healing of stomach ulcers.* 

### DESCRIPTION

### What is Sotya Aloe vera juice and what is it for?

Aloe Vera is a plant with fleshy, prickly leaves that grows in desert climates such as the southern United States and Mexico. There are two varieties: Aloe barbadensis and Aloe ferox. Two products are extracted from the leaves: the gel, obtained by squeezing the leaf of the plant, and the acibar. The juice is a viscous yellowish-white liquid. Filtering it, the juice is obtained without parenchyma. A byproduct of the juice is acíbar, obtained after concentrating the liquid. It is a dark and bitter mass.

In low doses, aloe vera is a stomach and cholagogue, in medium doses it is a laxative that acts on the large intestine. In high doses, aloe vera is a natural purgative.

In cases of hemorrhoids, the dose should be low. Pregnant women, cystitis, colitis, childhood, consult a doctor.

#### What is the composition of Sotya Aloe Vera?

- Water.
- Aloe vera juice (Aloe vera L. Burm.f, latex).
- Aloe vera extract (Aloe vera L.Burm.f, latex), acidulant: citric acid (E 330).
- Preservatives: potassium sorbate (E 202) and sodium benzoate (E 211).

## What is the recommended daily dose of Aloe Vera Sotya?

Take 15 to 30ml two or three times a day. Once opened, keep refrigerated.

The active ingredients are polysaccharides and anthraquinones (aloin, alanosides and aloe-emodol), to which it owes its properties. In low doses (1-2 tablespoons) aloe is stomachic and cholagogue. In medium

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doses (3-4 tablespoons) it is a laxative that acts on the large intestine. In high doses, Aloe vera is a natural purgative. Many almost miraculous cures of ulcers and irritable colon have been attributed to it, since it is a good healer.

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C/ Vermell, 20 3r 3a - 17252 St. Antoni de Calonge (Girona) Spain



