

Olive 50 grs

EAN: 8422947021504 FABRICANTE: SORIA NATURAL



Helps control blood pressure

DESCRIPTION

The range of bagged plants from Soria Natural includes more than eighty different varieties to prepare as an infusion or decoction and extract from them the richness of their active ingredients, as has been done since time immemorial.

Some of these plants come from Soria Natural's own crops in the production laboratory, where no inorganic fertilizers, herbicides or pesticides have been used. These plants are harvested at the optimal time, when they are richest in active ingredients.

Ingredients: Olea europaea L.

DIRECTIONS FOR USE:

- Infusion: Put 1 teaspoon of the plant per cup. Add boiling water, let it sit for 5-10 minutes and filter.
- Decoction (root, stems): Pour the plant into boiling water, boil for 2-5 minutes, let stand for 5-10 minutes and filter, in the proportion of 1 teaspoon per cup.

