

34-S Valerian 600 mg 30 Caps

EAN: 8422947090845

FABRICANTE: SORIA NATURAL



Calming and sedative. Valerian helps in situations of stress, nervousness and insomnia. The range of Siglo XXI Extended Release Capsules from Soria Natural is designed to achieve greater efficacy and safety in the use of the plant.

DESCRIPTION

- High absorption of active ingredients.
- Greater use of the managed plant
- Less number of shots
- 100% vegetables

Tips for use:

- It is recommended to take ADE; 1 capsule every 12 hours, with a large glass of water. To sleep, take 2 capsules one hour before bedtime.
- The Effective Daily Intake (ADE) determines the average amount of active ingredients per recommended daily intake.

Recommendations:

- It does not contain colorants or preservatives.
- Do not use as a substitute for a varied and balanced diet and a healthy lifestyle.
- Keep out of reach of young children.
- Do not exceed the expressly recommended dose.

The composition of our products is updated periodically. Please refer to the product labeling to confirm that it suits your needs.



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Ingredients:

(by capsules): Freeze-dried extract of valerian (*Valeriana officinalis L.*) (root) (300 mg) ; stabilizer: microcrystalline cellulose, coating agent: neutral methacrylate copolymer, capsule (hydroxypropylmethylcellulose).

Active compounds

(per capsule)

Valeriana officinalis L 300 mg

Valerenic acid 1.8 mg

