

100% Pure Melatonin 1 mg 90 Tablets

EAN: 8422947061371

FABRICANTE: SORIA NATURAL



Melatonin contributes to reducing the time needed to fall asleep and relieving the subjective sensation of jet lag.

DESCRIPTION

How to take melatonin?

Take before going to bed on the first day of travel and a few days after arrival at your destination.

The beneficial effect is obtained with an intake of 1 mg of melatonin shortly before going to sleep.

Ingredients:

- Sweetener: xylitol
- Anti-caking agents: silicon dioxide and magnesium salts of fatty acids
- **Melatonin**

