

## Vitamin K1 100 mcg 100 Tablets

EAN: 033984036000

FABRICANTE: SOLGAR



*Vitamin K plays an important role in blood clotting and is also important for bone health, as it intervenes in the processes of calcium fixation in the bone.*

### DESCRIPTION

Vitamin K is made up of three different compounds: vitamin K1 (phytomenadione), which is obtained from food, vitamin K2 (menaquinone), which is produced by bacteria, and vitamin K3 (menadione), a synthetic form of vitamin K.

Vitamin K1 is the form of vitamin K found in plants and is the main form of vitamin K in the diet. Green leafy vegetables, such as spinach, cabbage, and broccoli, are important sources of vitamin K1.

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Vitamin K1 (Phytomenadione) 100 µg from Solgar® provides 100 micrograms of this vitamin per tablet and is suitable for vegans.

### Indications

- People looking for plant-based vitamin K supplements.

### Benefits

- Vitamin K of plant origin.
- Vitamin K contributes to normal blood clotting.
- Vitamin K contributes to the maintenance of normal bones.
- Gluten free.
- It does not contain starch, yeast, wheat, soy or dairy derivatives and is formulated without preservatives, flavorings or colorings.
- Suitable for vegans.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241121  
<https://bio-farma.es/buy/ff/solgar/vitamin-k1-100-mcg-100-tablets>



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### Contraindications

All forms of vitamin K can interact with blood-thinning medications.

### Ingredients

Bulking agents (dicalcium phosphate, microcrystalline cellulose); Vitamin K1 (phytomenadione); Anti-caking agents (vegetable stearic acid, vegetable magnesium stearate); Stabilizer (cellulose gum).

### Instructions for use

For adults, take one tablet daily preferably with meals.

