

Vitamin E 400UI 100 Pearls

EAN: 033984035416

FABRICANTE: SOLGAR



Vitamin E 268 mg (400 IU) D-Alpha Tocopherol & Mixed Tocopherols - 100 Softgels

DESCRIPTION

From a natural source. Softgels containing 268 mg (400 IU) of liquid vitamin E in the form of d-alpha-tocopherol, the most active natural form of vitamin E.

Solgar® offers a wide range of vitamin E products in different formats and concentrations so that consumers can choose the one that best suits their preferences.

Vitamin E is a fat-soluble vitamin found in many foods, mainly of plant origin. It can be found in green leafy vegetables, seeds such as soybeans, wheat germ or sunflower seeds, and in foods of animal origin such as egg yolk.

Vitamin E actually encompasses up to 8 different related compounds. Of all of them, d-alpha-tocopherol, the naturally occurring vitamin E, is the most active. It is therefore important to look for products that provide vitamin E in the form of d-alpha-tocopherol.

Vitamin E is an important nutrient for all structures of the body (eyes, reproductive system, heart, brain, skin, etc.) as it acts by neutralizing free radicals, both those generated by our own body during metabolism and those present in the environment due to cigarette smoke, air pollution, etc., thus protecting our cells from oxidative damage.

Solgar® Natural Source Vitamin E 268 mg (400 IU) comes in softgel form containing 268 mg (400 IU) of natural liquid vitamin E in the form of d-alpha-tocopherol.

Our wide range of vitamin E products with different concentrations and presentations allows the consumer to choose the product that best suits their preferences.

Indications

- People looking for a natural vitamin E dietary supplement.
- People seeking protection against oxidative damage.

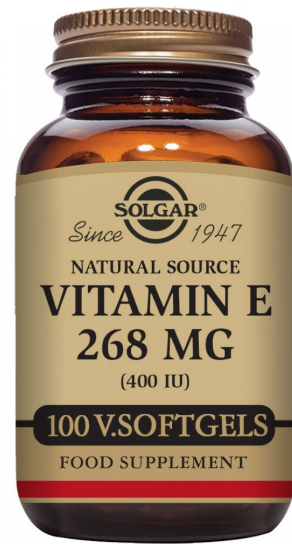
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Benefits

- Its presentation in the form of soft capsules facilitates its absorption even in situations of reduced fat intake.
- With natural source vitamin E in the form of d-alpha-tocopherol.
- Vitamin E contributes to the protection of cells against oxidative damage.
- Gluten free.
- Does not contain starch, yeast, wheat, dairy derivatives,
- preservatives or sweeteners.

Presentation

100 softgels

Caution

- Food supplements should not be used as a substitute for a balanced and varied diet and a healthy lifestyle.
- Keep the product out of the reach of children.
- If you are pregnant, breastfeeding, undergoing medical treatment or suffer from any illness, consult your specialist before taking this product.
- If you think this product is causing an adverse reaction, stop taking it immediately and consult your doctor.

Ingredients: Capsule: gelatin (from bovine), vegetable glycerin (from palm and coconut oil); Bulking agents: safflower oil, vegetable oil; Vitamin E (400 IU, as D- α tocopherol); Mixture of tocopherols (D-beta, D-gamma, D-delta, D-alpha tocopherols).

Recommendations for use:

- For adults, take one (1) capsule daily preferably with meals.
- Swallow the capsules with water or another drink.
- The daily dose expressly recommended for this product should not be exceeded.

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Conservation:

- Keep the container tightly closed at room temperature.
- Do not consume the product if the internal seal is damaged.

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