

Ultimate Calma Daily Cry 30 Vegetable Capsules

EAN: 033984009172 FABRICANTE: SOLGAR



Ultimate Calm is a nutritional supplement that serves to improve people's mood, improve people's psychological state and stress. For those people who need daily support.

DESCRIPTION

What is Solgar Ultimate Calm and what is it used for?

Ultimate Calm is a food supplement from Solgar laboratories that is used to improve people's stress and mood.

What are the ingredients in Solgar Ultimate Calm?

Solgar's Ultimate Calm ingredients are:

- PANMOL® B-COMPLEX from quinoa sprouts (niacin (nicotinamide)
- pantothenic acid (D-calcium pantothenate)
- vitamin B6 (pyridoxine hydrochloride)
- vitamin B2 (riboflavin-5'-phosphate sodium)
- vitamin B1 (thiamin hydrochloride)
- folic acid
- biotin (d-Biotin)
- vitamin B12 (cyanocobalamin)
- Rhodiolife® (Standardized Root Extract of Rhodiola (Rhodiola rosea) (Salidrosides, Rosavins); vegetable capsule: hydropropylmethylcellulose; Organic Rice Extract Blend: Organic Rice Fiber, Organic Rice Extract, Organic Gum Arabic, Organic Sunflower Oil; microcrystalline cellulose.

Contains two patented, scientifically studied ingredients: a naturally-derived B-complex (Panmol® B-Complex) and standardized rhodiola extract (Rhodiolife®). Panmol® B-Complex provides eight B vitamins from quinoa sprouts, which support energy production3, contribute to the normal functioning of the nervous system and psychological well-being.

Rhodiola is an adaptogenic plant that helps the body adapt to emotional stress, physical effort and maintain the nervous system.

What is the dosage of Solgar Ultimate Calm?





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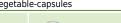
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You should take one vegetable capsule a day, with a glass of water and preferably with food.

Does Solgar Ultimate Calm have contraindications or side effects?

Ultiate Calm should not be taken during pregnancy or lactation. Likewise, it should not be used by people who are being treated with antidepressants.



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