

Ultimate Calm 30 Tablets

EAN: 033984007840

FABRICANTE: SOLGAR



Ultimate Calma from Solgar is a food supplement indicated to relieve daily stress, it helps to stay calm, balance the emotional state and maintain a positive state of mind.

DESCRIPTION

What is Solgar Ultimate Calm and what is it used for?

Ultimate de Calma from Solgar is a food supplement that serves to maintain relaxation and emotional balance, thus promoting a positive state of mind.

What are the ingredients in Solgar's Ultimate Calm?

Solgar's Ultimate Calm ingredients are:

- Emulsifier: cellulose (microcrystalline cellulose, hydroxypropylcellulose, hydroxypropylmethylcellulose);
- Ashwagandha Root Extract (Withania somnifera) KSM-66® (milk)
- Organic Rice Extract Blend
- organic rice fiber
- organic rice extract
- organic gum arabic
- organic sunflower oil
- Cross-linked Cellulose Gum
- saffron extract
- Affron® (Crocus sativus L.) (stigma)
- Anti-caking agents: silicon dioxide
- Coating agents (hydroxypropylmethylcellulose, hydroxypropylcellulose, sunflower oil).

Aswagandha helps maintain a calm and relaxed mood. Saffron contributes to emotional balance and to maintaining a positive mood.

What dose should I take of Solgar's Ultimate Calm?

You should take one tablet a day, with a glass of water, preferably with meals.

Does Ultimate Calma contain indications, drug interactions?

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241122
<https://bio-farma.es/buy/ff/solgar/ultimate-calm-30-tablets>



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Solgar Ultimate Calm is contraindicated in the case of pregnancy and lactation. Also, because it contains Aswaghanda, you should not take it if you are being treated with antidepressant medications.

