

# Milk Thistle 60 Vegetable Capsules

EAN: 033984041400 FABRICANTE: SOLGAR



Milk thistle (Silybum marianum) is known for its properties to support liver health. It contains flavonoids, including silymarin, which help protect liver cells and promote their regeneration.

### DESCRIPTION

Milk Thistle Standardized Extract (*Silybum marianum*) + Herb Powder is one of Solgar®'s high potency, high quality herbal extracts.

Milk thistle is a plant native to the Mediterranean and belongs to the sunflower and daisy family. It is also known as milk thistle because of the white liquid extracted from its leaves when they are crushed and is popularly known as "the guardian of the liver."

This product features the PhytO2x® patent, a special combination of natural antioxidants (powdered mixture of beta-carotene and ascorbic acid) whose function is to maintain the freshness of the ingredients.

#### Indications

• People looking for a milk thistle product with a quality guarantee.

#### Benefits

- With 140 mg of flavonoids (including silymarin) per capsule.
- With the benefit of combining standardized extract with whole plant powder.
- With PhytO2X, a special combination of natural antioxidants that maintains the freshness of the product.
- Gluten free.
- It does not contain starch, yeast, wheat, soy or dairy derivatives and is formulated without preservatives, flavorings or colorings.
- Suitable for vegans.

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### Caution

- Food supplements should not be used as a substitute for a balanced and varied diet and a healthy lifestyle.
- If you are pregnant, breastfeeding, undergoing medical treatment or suffer from any illness, consult your specialist before taking this product.
- It should not be consumed by pregnant or breastfeeding women, or by children.
- If you think this product is causing an adverse reaction, stop taking it immediately and consult your doctor.
- Avoid this product if you are allergic to ragweed or daisy-type flowers.

## Ingredients

Milk thistle herb powder; Standardized milk thistle seed extract powder; Glazing agent: hydroxypropyl methylcellulose; Bulking agent: microcrystalline cellulose; Anti-caking agent: vegetable magnesium stearate; Antioxidant (blend\* powdered beta-carotene and ascorbic acid).

## Instructions for use

For adults, take one capsule daily preferably with meals.

Swallow the capsules with water or another drink.

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