

L-Arginine 1000 90 Tablets

EAN: 033984001503

FABRICANTE: SOLGAR



Non-essential amino acid that forms part of the structure of proteins and whose requirements may be increased in various situations.

DESCRIPTION

Solgar® L-Arginine 1000 mg contains arginine, one of the twenty amino acids that form part of the structure of proteins in the human body and is very popular among athletes.

Amino acids are the building blocks of proteins, the main components of muscle, and are necessary for many functions in the body. In addition to being necessary for protein synthesis, the body also uses them to create hormones, enzymes, neurotransmitters, antibodies, and nutrient transporters. Foods that provide a significant supply of amino acids include meat, fish, soy, eggs, and milk.

Arginine is a non-essential amino acid that is obtained both through diet and by endogenous synthesis from other amino acids (approximately 20% of the daily arginine requirement). In special situations, such as periods of rapid growth or physical stress, its requirements are increased and it may be appropriate to increase the dietary intake of amino acids. In the body, arginine is a precursor of amino acids such as proline and hydroxyproline, which are part of connective tissue, hormones and nitric oxide, a substance involved in the relaxation of blood vessels.

Indications

- Athletes.
- People who want an additional supply of arginine.

Benefits

- Amino acid that forms part of the structure of proteins.
- With a larger quantity per administration unit than the capsule presentation, ideal for those looking for a more concentrated product.
- Gluten free.
- It does not contain starch, wheat, dairy derivatives, soy, yeast, preservatives, sweeteners, flavorings or colorings.
- Suitable for vegans.

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Presentation

90 tablets

Caution

- Food supplements should not be used as a substitute for a balanced and varied diet and a healthy lifestyle.
- Keep the product out of the reach of children.
- If you are pregnant, breastfeeding, undergoing medical treatment or suffer from any illness, consult your specialist before taking this product.
- If you think this product is causing an adverse reaction, stop taking it immediately and consult your doctor.

Ingredients:

L-arginine (hydrochloride); Bulking agents: microcrystalline cellulose; Anti-caking agents: vegetable stearic acid, silicon dioxide, vegetable magnesium stearate; Stabilizer: cross-linked sodium carboxymethylcellulose; Glazing agents: hydroxypropyl methylcellulose, glycerin.

Recommendations for use:

- For adults, take one (1) tablet daily preferably with meals.
- Swallow the tablets with water or another drink.
- The daily dose expressly recommended for this product should not be exceeded.

Conservation:

- Keep the container tightly closed at room temperature.
- Do not consume the product if the internal seal is damaged.

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