

Female Multiple 60 Tablets

EAN: 033984010741

FABRICANTE: SOLGAR



Solgar® Female Multiple is a multivitamin and mineral specially designed for women that contains more than 20 different nutrients.

DESCRIPTION

Solgar® Female Multiple is a multivitamin and mineral designed for women. This unique and balanced formula of vitamins and minerals with more than 20 different nutrients is an exclusive formulation carefully adapted to the needs of women of childbearing age, supporting energy production, helping to reduce tiredness and fatigue, protecting cells from oxidative damage and contributing to the maintenance of the musculoskeletal system.

Indications

- Women with very active lifestyles.
- Women of childbearing age who wish to support their wellbeing.
- Those who wish to boost their energy levels.
- Women who want to take care of their bone and muscle health.

Benefits

- With iron bisglycinate, a unique form of iron (iron bisglycinate), formulated to achieve maximum absorption while avoiding gastrointestinal irritation and constipation.
- Supports fertility and reproduction - Zinc contributes to normal fertility and reproduction.
- Contributes to energy production - Vitamins B6, B12 and C, pantothenic acid, biotin, thiamine, niacin, riboflavin, calcium, iodine, copper, iron, magnesium and manganese contribute to normal energy metabolism.
- Reduces tiredness and fatigue - Pantothenic acid, folates, iron, magnesium, niacin, riboflavin, vitamins B6, B12 and C help reduce tiredness and fatigue.

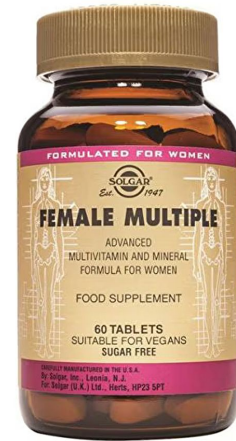
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- Cell protection against oxidative damage - Vitamins C and E, manganese, riboflavin, selenium, zinc and copper contribute to the protection of cells against oxidative damage.
- Contributes to the maintenance of bones - Vitamins C, D and K and magnesium, manganese, calcium and zinc contribute to the maintenance of bones in normal conditions.
- Promotes muscle maintenance - Vitamin D, calcium and magnesium contribute to normal muscle function.
- Suitable for vegans.
- Gluten free. Sugar free.
- Contains no yeast, wheat, dairy derivatives or flavourings.

Ingredients

Calcium (bisglycinate, citrate); Magnesium (oxide, bisglycinate, citrate); Bulking agents: microcrystalline cellulose, pea starch, alginate, mannitol, citric acid, dicalcium phosphate; Vitamin C (as ascorbic acid); Colouring agent AquaPolish F violet (hydroxypropyl methylcellulose, rice starch, hydroxypropyl cellulose, fruit and vegetable juice (concentrated radish, black currant, apple), dicalcium phosphate, sunflower oil); Choline (bitartrate); Anti-caking agents: silicon dioxide, vegetable stearic acid, vegetable magnesium stearate; Stabiliser: cross-linked cellulose gum; Vitamin E (d-alpha tocopheryl acid succinate); Inositol; Pantothenic Acid (as d-Calcium Pantothenate); Iron (Ferrous Bisglycinate Chelate); Natural Beta-Carotene; Riboflavin (Riboflavin-5-Phosphate); Zinc (Bisglycinate); Vitamin B1 (Thiamine Mononitrate); Niacin (Niacinamide); Glazing Agents: Hydroxypropyl Methylcellulose, Maltodextrin, Vegetable Glycerin (Palm Kernel Oil and Coconut Oil), Carnuba Wax; Selenium (L-Selenomethionine); Biotin; Citrus Bioflavonoid Complex; Vitamin B6 (Pyridoxine Hydrochloride); Manganese (Bisglycinate Chelate); Copper (Bisglycinate); Vitamin D2 (Ergocalciferol); Vitamin K (Phytomenadione); Folic Acid; Vitamin B12 (Cyanocobalamin); Iodine (Potassium Iodide); Chromium (Picolinate); Carotenoid Blend.

Instructions for use

For adults, take one (1) tablet daily, preferably with meals. Swallow the tablets with water or other beverage.

This product contains ingredients that may result in normal variation in color and appearance over time.

