

Evening Primrose Oil 500 mg 30 Pearls

EAN: 033984010406

FABRICANTE: SOLGAR



De solgar Evening Primrose Oil is a food supplement, rich in gamma-linolenic acid, rich in Omega 6, gluten-free, dairy-free, does not contain starch, wheat, soy, dairy derivatives, yeast and is formulated without preservatives, sweeteners, dyes, No artificial flavors.

DESCRIPTION

What is Solgar Evening Primrose oil and what is it used for?

Evening Primrose Oil from Solgar is a food supplement that serves to reduce the symptoms of discomfort in the menstrual cycle of women and the signs of menopause, it is also a good ally for the good maintenance of the skin, because it is rich in gamma-linolenic acid and linoleic acid, polyunsaturated essential acids.

What are the ingredients of Solgar Evening Primrose Oil?

The ingredients of Solgar Evening Primrose Oil are:

- Evening primrose seed oil (providing Linoleic Acid and Gamma-Linolenic Acid (GLA)).
- Soft capsule: gelatin (from bovine).
- Vegetable glycerin (from palm kernel oil and coconut oil).

How should I take Solgar Evening Primrose Oil?

You should take Solgar's Evening Primrose Oil orally, taking between one and three softgels daily, with a glass of water and during meals.

Can I take Solgar Evening Primrose Oil if I am pregnant?

If you are pregnant you should not take Evening Primrose Oil, consult your doctor before taking Solgar Evening Primrose Oil.

Can I take evening primrose oil if I am breastfeeding my child?

If you are breast-feeding, you should not take Evening Primrose Oil. Check with your doctor before taking Solgar Evening Primrose Oil.



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Does Solgar Evening Primrose Oil have any side effects?

When taken in adequate amounts and short-term, oral use of Solgar Evening Primrose Oil is very likely to be effective.

Solgar Evening Primrose Oil can cause:

- Stomach ache
- Headache

Does Evening Primrose Oil have contraindications?

Do not take Evening Primrose Oil if you have a bleeding disorder. Oral use of this supplement could increase the risk of bleeding. If you are going to have surgery, stop taking Solgar Evening Primrose Oil two weeks beforehand.

Also, do not take evening primrose oil if you have epilepsy or schizophrenia. This supplement might increase the risk of seizures.

Evening primrose oil may increase the risk of complications during pregnancy.

What medications can there be interactions with if I take Evening Primrose Oil from Solgar?

Solgar Evening Primrose Oil may interact with:

- **Anticoagulants and antiplatelet drugs, medicinal plants and supplements.** These types of medications, herbs, and supplements reduce blood clotting. Combining the oral use of evening primrose oil with these elements could increase the risk of bleeding.
- **Cytochrome P450 3A4 (CYP3A4) substrates.** Take evening primrose carefully if you're taking a medication that is affected by these enzymes, such as lovastatin (Altoprev).
- **Lopinavir and ritonavir (Kaletra).** This combination medication is used to treat infection caused by the human immunodeficiency virus (HIV). Evening primrose oil might slow down how quickly this drug is broken down in the body.
- **Phenothiazines.** In some people, taking evening primrose oil with these medications used to treat serious mental and emotional disorders might increase the risk of seizures.

