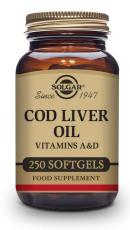


# **Cod Liver Oil 250 Pearls**

EAN: 033984009417 FABRICANTE: SOLGAR



*Cod liver oil from Solgar is a food supplement in the form of vegetable capsules indicated to strengthen the immune system and to maintain good visual health.* 

# DESCRIPTION

# What is Solgar cod liver oil and what is it used for?

Cod liver oil or cod liver oil is a food supplement whose oil is of high quality and rich in vitamins A and vitamin D. Due to its vitamin A content, it supports visual health. The retina needs this vitamin for night and day vision; vitamin A deficiency can lead to poor vision. Vitamin D helps to strengthen the immune system.

# What are the benefits of taking Solgar cod liver oil?

Cod liver oil or cod liver oil is rich in vitamin A and vitamin D. Vitamin A is very important for the body since it contributes to the normal metabolism of iron, keeps mucous membranes, skin and eyes in perfect condition. Vitamin D is very important to strengthen the immune system, maintains the structure of bones and teeth in normal conditions.

### How do you take Solgar cod liver oil?

Solgar cod liver oil is taken orally one vegetable capsule daily, preferably with meals.

### What are the ingredients of Solgar COD LIVER OIL or cod oil?

The ingredients of cod liver oil or cod oil are: Cod liver oil (fish), Vitamin A (1250 IU cod liver oil (fish) and retinyl palmitate), Vitamin D (135 IU cod liver oil cod (fish) and cholecalciferol). Softgel: Gelatin (from bovine), Vegetable Glycerin (from palm kernel oil and coconut oil).

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