

Cod Liver Oil 100 Pearls



Cod liver oil from Solgar is a food supplement in the form of vegetable capsules indicated to strengthen the immune system and to maintain good visual health.

DESCRIPTION

What is Solgar cod liver oil and what is it used for?

Cod liver oil or cod liver oil is a food supplement whose oil is of high quality and rich in vitamins A and vitamin D. Due to its vitamin A content, it supports visual health. The retina needs this vitamin for night and day vision; vitamin A deficiency can lead to poor vision. Vitamin D helps to strengthen the immune system.

What are the benefits of taking Solgar cod liver oil?

Cod liver oil or cod liver oil is rich in vitamin A and vitamin D. Vitamin A is very important for the body since it contributes to the normal metabolism of iron, keeps mucous membranes, skin and eyes in perfect condition. Vitamin D is very important to strengthen the immune system, maintains the structure of bones and teeth in normal conditions.

How do you take Solgar cod liver oil?

Solgar cod liver oil is taken orally one vegetable capsule daily, preferably with meals.

What are the ingredients of Solgar COD LIVER OIL or cod oil?

The ingredients of cod liver oil or cod oil are: Cod liver oil (fish), Vitamin A (1250 IU cod liver oil (fish) and retinyl palmitate), Vitamin D (135 IU cod liver oil cod (fish) and cholecalciferol). Softgel: Gelatin (from bovine), Vegetable Glycerin (from palm kernel oil and coconut oil).

In our online parapharmacy you will find this and other products.

