

Calcium Magnesium Plus Boron 250 Tablets

EAN: 033984005167

FABRICANTE: SOLGAR



Calcium, magnesium and boron from Solgar is a dietary supplement recommended to strengthen the immune system, to maintain a good functioning of the nervous system, to reduce fatigue and to strengthen bones, teeth and muscles.

DESCRIPTION

What is Solgar Calcium Magnesium Boron and what is it used for?

Calcium, magnesium and boron from Solgar is a food supplement that favors the proper functioning of the nervous and muscular systems, reduces fatigue since it produces an increase in the release of energy and strengthens the immune system.

What uses does Solgar Calcium, Magnesium and Boron have?

Solgar's calcium, magnesium, and boron are used to reduce fatigue, increase defenses, and strengthen bones, teeth, and muscles. What are the benefits of Solgar Calcium, Magnesium and Boron? The benefits of calcium, magnesium and boron in Solgar are to strengthen bones, teeth and muscles, reduce fatigue and strengthen the immune system.

How do you take Solgar Calcium Magnesium Boron?

Solgar Calcium, Magnesium and Boron should be taken orally three tablets daily with a glass of water, during meals.

What are the ingredients in Solgar's Calcium, Magnesium and Boron?

Solgar Calcium, Magnesium and Boron ingredients are: 1000 mg Calcium (carbonate, gluconate, citrate), 400 mg Magnesium (oxide, citrate, gluconate), 3 mg Boron (boric acid). Bulking agents: microcrystalline cellulose, maltodextrin, citric acid; Anti-caking agents: vegetable magnesium stearate, vegetable stearic acid; Glazing Agents: Hydroxypropyl Methylcellulose, Vegetable Glycerin (from Palm Kernel Oil and Coconut Oil); Cellulose gum; Colorant: titanium dioxide.

Calcium is the most abundant mineral in our body since it is part of the bones and teeth, the absorption of calcium is reduced over the years, so it is very important to consume products with calcium. With food, sometimes it is not enough to get the necessary contribution, so a food supplement such as Solgar is recommended.





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Magnesium is a necessary mineral for all the organs of the body, it helps a better rest and improves the function of the muscles. In addition to helping maintain a good mental balance.

Boron is also an important mineral, it is recommended in diets like those of vegans.

In our online Parapharmacy you will find these and other products.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241222
<https://bio-farma.es/buy/f/solgar/calcium-magnesium-plus-boron-250-tablets>

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