

Borage Oil 1300mg 60 Softgels

EAN: 033984026766

FABRICANTE: SOLGAR



Solgar Borage Oil is a food supplement used to combat rapid aging of the skin, as well as to care for the hair because it regulates the sebum of the scalp, prevents dandruff and gives strength and vitality to the hair. .

DESCRIPTION

What is Solgar Borage Oil and what is it used for?

Solgar Borage Oil is a food supplement with antioxidant properties, it contains vitamins C and E, which combat premature aging of the skin.

Not only is it good for our skin, borage oil also regulates the secretion of the sebaceous glands so it is also very good for hair health.

For the hair it provides great hydration, avoiding split and brittle ends.

What are the ingredients in Solgar Borage Oil?

The ingredients of Solgar Borage Oil per capsule are:

- Borage oil 1300mg
- Linoleic Acid 403mg
- Gamma-Linolenic Acid (GLA) 300mg
- Oleic Acid 176mg
- Palmitic Acid 110mg
- Soft capsule: gelatin (from bovine).
- Vegetable glycerin (from palm oil).
- Water.

How should I take Solgar Borage Oil?

You must take Solgar Borage Oil orally: You must take one softgel daily, with a glass of water and with food.

Can I take Solgar Borage Oil if I am pregnant?



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If you are pregnant you should consult your doctor before taking Solgar Borage Oil.

Can I take Solgar Borage Oil if I am breastfeeding my baby?

If you are breast-feeding your baby, you should consult your doctor before taking Solgar Borage Oil.

If I am going to undergo an operation, can I take Solgar Borage Oil?

If you are going to undergo an operation you should consult your doctor before taking Solgar Borage Oil.

