

Biotin 300 mcg 100 Tablets

EAN: 033984002807

FABRICANTE: SOLGAR



Solgar Biotin is a food supplement. Biotin is a water-soluble vitamin, known for its cosmetic properties and especially for keeping hair healthy, shiny and strong.

DESCRIPTION

What is Biotin?

Biotin is a water-soluble B vitamin well known for its cosmetic properties, it is used for hair growth. Although biotin is better absorbed if taken in tablets.

What is Solgar Biotin used for?

Biotin is necessary to convert food into energy and therefore to maintain proper metabolism of macronutrients.

What uses does Solgar Biotin have?

Solgar Biotin is used for the beauty of hair, to keep it healthy and strong, as well as the skin. Solgar Biotin is also important for its contribution to normal metabolism to obtain energy from food, for the proper functioning of the nervous system and for the maintenance of adequate psychological function.

How is Solgar Biotin taken?

Solgar Biotin should be taken orally, one tablet a day with a glass of water, preferably with meals.

What are the ingredients in Solgar Biotin?

Solgar Biotin ingredients are: D-biotin 300mcg. Bulking agents: microcrystalline cellulose, dicalcium phosphate; Anti-caking agents: silicon dioxide, vegetable stearic acid, vegetable magnesium stearate; Cellulose gum.

In our online Parapharmacy, you will find this and other products.

