

Green clay 375gr

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Composition: SOLUM FULLONUM (GREEN CLAY). External use. Vegan product.

DESCRIPTION

As a mask: apply a thin layer to the desired area (usually the face) and leave on for 10-15 minutes. It is best to remove it before it dries completely and then rinse with warm water. After application, it is recommended to use a moisturiser.

As a poultice or cataplasm: apply a 1-2 centimeter thick layer directly to the skin and leave for 1 to 3 hours; remove with warm water. It can be applied directly or onto a thin cloth or gauze that is folded over itself and placed on the desired area; this way the area will be clean after application. If necessary, secure with a dry cloth or bandage.

To prepare softening baths: add the contents of the container to the bath water.

Preparation:

Place the clay in a bowl or container made of glass, clay or porcelain (never metal) and add water little by little. Stir with a wooden spatula until you obtain a homogeneous paste with a creamy consistency.

Instead of water, you can also use herbal infusions or decoctions, fruit juices or other liquids.

Depending on the type of skin or the purpose, other natural substances can also be added when preparing masks or poultices.

It is also not recommended to use metal materials or spatulas for application on the skin.

Clay that has already been used should be discarded and not reused.



