

Salusan Infusion 15 Filters

EAN: 4004148012266 FABRICANTE: SALUS



Salusan infusion is made from valerian, lemon balm and passionflower, which contribute to relaxation and help maintain a natural sleep. It also contains mint, chamomile, liquorice, anise and rosehip.

DESCRIPTION

Ingredients

Valerian root (30%), lemon balm leaves (20%), passionflower herb (20%), peppermint leaves, chamomile flowers, rosehip peel, liquorice root, anise fruits.

Instructions for use

Place the tea bag in a cup and pour in approximately 150 ml of boiling water. Allow to steep for 5 to 10 minutes and then remove the tea bag.

Adults: Take 1 to 2 very hot cups half an hour before bedtime.

Children from 3 years old: Take 1 hot cup half an hour before bedtime.

Nutritional information

On average per daily dose For 1 cup For 2 cups

Valerian root	500 mg	1,100 mg
Melissa leaves	400 mg	700 mg
Passionflower herb	400 mg	700 mg

