



*Beneficial for women, teenagers, the elderly, athletes and people who have excluded dairy products from their diet.*

### DESCRIPTION

This preparation is made from calcium, magnesium and vitamin D, substances that contribute to the normal maintenance of bones and teeth. Vitamin D helps both the normal absorption and use of calcium and phosphorus and the maintenance of normal calcium levels in the blood.

Saludynam is easy to take and helps protect the balance between calcium, magnesium, zinc and vitamin D. Because these nutrients reach the intestine already dissolved in a liquid medium, they are absorbed more quickly.

It also contains various concentrated juices and selected herbs that give it a pleasant flavour. It is particularly beneficial for women, teenagers, the elderly, athletes and people who have excluded dairy products from their diet.

### Ingredients

Aqueous extract (50%) of: hibiscus flowers, chamomile flowers, fennel fruits, spinach leaves.

Fructose syrup.

Blend of fruit juice concentrates (12%): orange juice concentrate, water, mango fruit concentrate, carob extract, grape, lemon and apple juice concentrate.

Magnesium gluconate, calcium gluconate, magnesium salt of citric acid, calcium lactate, thickener (locust bean gum), zinc citrate, natural flavours, vitamin D.

### Instructions for use

Adults and young people aged 12 years and over: take 15 ml twice a day, preferably before meals.

Children from 6 to 11 years: take 10 ml twice a day, preferably before meals.

Children 3 to 5 years: take 5 ml 3 times a day, preferably before meals.



## Saludynam 250 ml

EAN: 4004148017766 FABRICANTE: SALUS



### Nutritional information

On average per daily dose	Per 100 ml	For 10 ml	For 15 ml	For 30 ml
Energy value	632 kJ / 149 kcal	63 kJ / 15 kcal	95 kJ / 23 kcal	190 kJ / 45 kcal
Fats	< 0.5 g	< 0.5 g	< 0.5 g	< 0.5 g
of which saturated	< 0.1 g	< 0.1 g	< 0.1 g	< 0.1 g
Carbohydrates	37 g	3.7 g	5.55 g	11.1 g
of which sugars	24 g	2.4 g	3.6 g	7.2 g
Proteins	0.5 g	< 0.5 g	< 0.5 g	< 0.5 g
Salt	0.04 g	< 0.01 g	< 0.01 g	0.01 g

The salt content is exclusively due to the sodium naturally present in the food.

	For 10 ml	% NRV* per 10 ml	For 15 ml	% NRV* per 15 ml	For 30 ml	% NRV* per 30 ml
Calcium	52 mg	6	77.5 mg	9.5	155 mg	19
Magnesium	62 mg	17	93 mg	25	186 mg	50
Zinc	1.16 mg	12	1.75 mg	18	3.5 mg	35
Vitamin D	1.7 µg	34	2.6 µg	51	5.1 µg	102

\*NRV: Nutrient Reference Values according to EU regulation 1169/2011.

### Important

To prevent deterioration, close the bottle tightly after each use, always store it in the refrigerator and consume it within a period of no more than 4 weeks.

