Saludiure Infusion 15 Filters

EAN: 4004148012235 **FABRICANTE:** SALUS

This infusion contains birch, which helps in the purification processes, as well as goldenrod, for normal urinary elimination and horsetail, which helps remineralize the body.

DESCRIPTION

Ingredients

Birch leaves (25%), goldenrod herb (25%), horsetail herb (20%), catnip root, bitter fennel fruits, nettle leaves, rosehip peel.

Instructions for use

Place the tea bag in a cup and pour in approximately 150 ml of boiling water. Allow to steep for 5 to 10 minutes and then remove the tea bag.

Adults: Take 2 to 3 cups of infusion a day during meals.

Nutritional information

On average per daily dose	For 2 cups	For 3 cups
Birch leaves	1,000 mg	1,500 mg
Goldenrod Herb	1,000 mg	1,500 mg
Horsetail herb	800 mg	1,200 mg

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