

MOTIVATION & CONFIDENCE BACH FLOWERS 15 sachets

EAN: 4004148329227 FABRICANTE: SALUS



It is a specialty of aromatic herbal infusion with delicate floral touches whose blend, based on the philosophy of Dr. Bach, supports personal motivation and confidence.

DESCRIPTION

For this Bach flower infusion, various herbs have been carefully selected and combined with the following organic Bach flower essences: **Gentian, Hornbeam, Oak, Scleranthus and Sweet Chestnut**.

Ingredients

Green rooibos buds*, lemon balm leaves*, lemon verbena leaves*, cardamom fruits*, rosemary leaves*, walnut leaves*, chamomile flowers*, liquorice root*, pink pepper fruits*, jasmine green tea*, sunflower flower leaves*.

Bach flower essence blend: Gentian*, Hornbeam*, Oak*, Scleranthus* and Sweet Chestnut*.

**from organic farming.*

Instructions for use

Place the tea bag in a cup and pour in approximately 200 ml of boiling water. Leave to steep for approximately 8 minutes and then remove the tea bag.

Adults: drink 2 to 3 cups of infusion a day.

Pregnancy and breastfeeding: drink 1 to 2 cups of infusion a day.

Children from 3 years old: drink 1 to 2 cups of infusion a day.

