

Joy and Harmony Bach Flower Infusion 15 Filters

EAN: 4004148321689 FABRICANTE: SALUS



A delicious fruit infusion with delicate hints of spices based on the floral philosophy of Dr. Bach, whose blend of floral essences supports a stable and positive attitude, to help develop one's own potential and recognise inner harmony.

DESCRIPTION

For this Bach flower infusion, various fruits and spices have been carefully chosen and combined with the following Bach flower essences: **Vervain, Wild Oat, Olive, Larch, Holly and Mustard** .

Ingredients

Quince fruits*, hibiscus flowers*, rosehip peel*, sweet orange peel*, pomegranate peel*, elderberry flowers*, blackcurrant fruits*, cinnamon bark*, strawberry fruits*, vanilla pods*, lavender flowers*.

Bach Flower Essence Blend*: Vervain*, Wild Oat*, Olive*, Larch*, Holly*, Mustard*.

**from organic farming.*

Preparation and recommendation

Place the tea bag in a cup and pour in approximately 200 ml of boiling water. Leave to steep for approximately 8 minutes and then remove the tea bag.

Adults: drink 2 to 3 cups of infusion a day.

Pregnancy and breastfeeding: drink 1 to 2 cups of infusion a day.

Children from 3 years old: drink 1 to 2 cups of infusion a day.

