

Bach Flowers Lucid and Focused 15 Filters

EAN: 4004148321672 FABRICANTE: SALUS



Refreshing infusion based on the floral philosophy of Dr. Bach, whose mixture leads to clear thoughts and constructive work, to help in making good decisions.

DESCRIPTION

For this Bach flower infusion, various herbs have been carefully chosen and combined with the following Bach flower essences: **Wild Oat, Mimulus, Chestnut Bud, Scleranthus, Clematis and Impatiens**.

Ingredients

Citronella grass*, Peppermint leaves*, Eucalyptus leaves*, Sencha green tea*, Rosemary leaves*, Lemon peel*, Tulsi herb*, Lemon scented tea tree leaves*, Ginkgo leaves*.

Bach Flower Essence Blend*: Wild Oat*, Mimulus*, Chestnut Bud*, Scleranthus*, Clematis*, Impatiens*.

Chili powder*.

**from organic farming.*

Instructions for use

Place the tea bag in a cup and pour in approximately 200 ml of boiling water. Leave to steep for 5 to 8 minutes and then remove the tea bag.

Adults: drink 2 to 3 cups of infusion a day.

Pregnancy and breastfeeding: drink 1 to 2 cups of infusion a day.

Children from 3 years old: drink 1 to 2 cups of infusion a day.

