

Bach Flowers Calm and Serenity Infusion 15 Filters

EAN: 4004148312687 **FABRICANTE:** SALUS



For this Bach flower infusion, various herbs have been carefully selected and combined with the following Bach flower essences: Elm, Rock Rose, Impatiens, White Chestnut and Aspen.

DESCRIPTION

Ingredients

Melissa leaves*, rosehip peel*, blackberry leaves*, apple fruits*, yarrow herb*, passionflower herb*, chamomile flowers*, linden leaves*, eucalyptus leaves*, hibiscus flowers*, lavender flowers*.

Bach flower essence blend: Elm*, Rock Rose*, Impatiens*, White Chestnut* and Aspen*.

**from organic farming.*

Instructions for use

Place the tea bag in a cup and pour in approximately 200 ml of boiling water. Leave to steep for approximately 8 minutes and then remove the tea bag.

Adults: drink 2 to 3 cups of infusion a day.

Pregnancy and breastfeeding: drink 1 to 2 cups of infusion a day.

Children from 3 years old: drink 1 to 2 cups of infusion a day.

