

Alpenkraft Infusion 15 Filters

EAN: 4004148012327 FABRICANTE: SALUS



Alpenkraft tea is made from plantain, thyme, fennel and Icelandic lichen, which contribute to respiratory health, as well as licorice root, marshmallow and mallow.

DESCRIPTION

Ingredients

Plantain herb (30%), licorice root, thyme herb (20%), bitter fennel fruit (10%), marshmallow leaves, Iceland moss, mallow flowers.

Instructions for use

Place the tea bag in a cup and pour in approximately 150 ml of boiling water. Allow to steep for 5 to 10 minutes and then remove the tea bag.

Adults and young people from 12 years old: Drink 4 to 6 cups of freshly prepared infusion per day.

