

# Alpenkraft 250 ml

**EAN:** 4004148047039 **FABRICANTE:** SALUS



Based on thyme, chamomile, linden, anise, fennel and centinodia, which contribute to respiratory health, as well as caraway, hops, black pine, liquorice and honey. It also contains a mixture of essential oils of black pine, star anise, fennel, lemon, eucalyptus and peppermint.

#### **DESCRIPTION**

## **Ingredients**

Aqueous and distilled extract (33%) of: aerial part of thyme ( *Thymus vulgaris* ), chamomile flowers ( *Matricaria recutita* ), linden flowers ( *Tilia cordata* ), anise seeds ( *Pimpinella anisum* ), caraway fruits ( *Carum carvi* ), fennel fruits ( *Foeniculum vulgare* ), hop inflorescence ( *Humulus lupulus* ), aerial part of knotweed ( *Polygonum aviculare* ).

Sugar, honey (29%), **barley** malt extract, black pine ( *Pinus mugo* ) needle extract, liquorice ( *Glycyrrhiza glabra* ) root extract, thickener (sodium alginate), essential oils of: black pine ( *Pinus mugo* ), fennel ( *Foeniculum vulgare* ), star anise ( *Illicium verum* ), lemon ( *Citrus limon* ), eucalyptus ( *Eucalyptus globulus* ), peppermint ( *Mentha x piperita* ).

#### Instructions for use

Adults and young people aged 12 years and over: take 10 ml 3 to 5 times a day.

Do not use for more than 6 weeks without medical advice.

Do not use during pregnancy. Do not administer to children under 12 years of age.

Contains licorice: people suffering from hypertension should avoid excessive consumption.

It is recommended that the liquid be allowed to dissolve in the mouth before swallowing.

To prevent deterioration, close the bottle tightly after each use, always store it in the refrigerator and consume it within a period of no more than 4 weeks.

### **Nutritional information**

On average per daily dose Per 100 ml For 30 ml For 50 ml







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Energy value	1,265 kJ / 298 kcal	380 kJ / 89 kcal	633 kJ / 149 kcal
Fats of which saturated	< 0.5 g < 0.1 g	< 0.5 g < 0.1 g	< 0.5 g < 0.1 g
Carbohydrates of which sugars	74 g 71 g	22 g 21 g	37 g 36 g
Proteins	< 0.5 g	< 0.5 g	< 0.5 g
Salt	0.08 g	0.02 g	0.04 g

The salt content is exclusively due to the sodium naturally present in the food.

	For 30 ml	For 50 ml
Distillate and aqueous extract of plants		
thyme	6.1 g	10.2 g
chamomile	1.3 g	2.2 g
linden	1.3 g	2.2 g
anise	1.0 g	1.6 g
fennel	1.0 g	1.6 g
centinodia	0.4 g	0.7 g
Essential oil blend	44 mg	73 mg