

Rice protein 80% 250 grs.

EAN: 017570000002 FABRICANTE: SALUD VIVA



80% rice protein is an ideal option for vegan diets due to its high vegetable protein content, since it is high in protein and low in fat and carbohydrates.

DESCRIPTION

80% Rice Protein is an ideal choice for vegan diets due to its high plant-based protein content, as it is high in protein and low in fat and carbohydrates. It is also ideal for anyone following a gluten-free diet who is looking to add an additional quality protein source to their diet or training regimen. 80% Rice Protein is a high-quality protein produced from 100% non-GMO brown rice and a natural milling process. It provides over 24g of protein per 30g serving. Brown rice protein has an exceptional amino acid profile, providing all nine essential amino acids and is also free of gluten, soy and dairy products making it an excellent choice for people with allergies.

Being high in both essential and non-essential amino acids, brown rice protein can increase protein synthesis, recovery, and lean muscle growth. Experts recommend consuming a minimum of 1 gram of protein per kilogram of body weight per day.

HIGH PROTEIN CONTENT

NUTRITIONAL INFORMATION (per 100 gr)

| Energy | 1815kJ / 442 kcal. |
|--------------------|--------------------|
| Fats | 5.32 g. |
| of which saturated | 2.20 g. |
| Carbohydrates | 4.70g. |
| of which sugars | 0 g. |
| Fiber | |
| Proteins | 81.60 g. |
| Salt | 0.37 g. |

Suggested use:

It is ideal for mixing with shakes, vegetable milks, puddings, desserts, smoothies...

Ingredients:

100% Brown Rice Protein*







Rice protein 80% 250 grs.

EAN: 017570000002 **FABRICANTE: SALUD VIVA**



*From organic farming.

May contain traces of nuts and sesame

Proteins contribute to:

- -Increase muscle mass
- -Preserve muscle mass
- -To maintain bones in normal conditions.

