

## Brahmi Bacopa 100 gr

EAN: 024530000002

FABRICANTE: SALUD VIVA



*Brahmi (botanical name Bacopa monnieri) is one of the Indian Ayurvedic herbs found in the wetlands of India. It is used in the Ayurvedic herbal tradition.*

### DESCRIPTION

#### SOURCE OF PROTEIN, HIGH FIBER CONTENT.

Serving size: 3000 mg

Servings per container: 33

DDR\* 3000 mg

\*Recommended daily dose

#### **NUTRITIONAL INFORMATION (per 100 g)**

Energy .....970 kJ / 233 kcal.  
Fats .....1.6 g.  
of which saturated .....0.5 g.  
Carbohydrates.....28.5 g.  
of which sugars .....0.7 g.  
Fiber .....38.4 g.  
Proteins.....7.0 g.  
Salt .....5.15 g.

#### **Ingredients:**

Brahmi root ( *Bacopa monnieri* (L. ) Wettst ) powder\*.

\*From organic farming.

May contain traces of nuts and sesame.



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Nutrient Amount per DDR\* 3000 mg of Brahmai

**Directions for use** : As a dietary supplement take 3000 mg (3 g), approximately one dessert spoon of this powder dissolved in juices, water, smoothies...

**WARNINGS:** Food supplements should not be used as a substitute for a balanced diet. Do not exceed the recommended dose. Keep out of reach of young children. Not recommended for pregnant or breastfeeding women. In case of medical treatment, consult your therapist. A varied and balanced diet and a healthy lifestyle are important.

**Proteins** contribute to:

- That increases muscle mass.
- Preserve muscle mass.
- To maintain bones in normal conditions.

Country of Origin: **NON EU**

Net Quantity: **100 g.**

Store in a cool (below 18°C), dry place, protected from sunlight and away from the ground.

