

## Vitexmin K2 and D3 60 Vegetable Capsules

EAN: 8423245260763    FABRICANTE: SAKAI



*Food supplement with MenaquinGold? (registered vitamin K2-7), Vitamin D3 (2000 IU), Magnesium and Zinc to strengthen your bones and keep your heart in optimal shape. Vitamins K and D help preserve the health of your bones so that they remain in normal conditions.*

### DESCRIPTION

#### What is Vitexmin K2 and D3 used for?

- For a correct maintenance of the bones especially in women +45
- For a correct absorption of calcium especially in women +45
- To strengthen the body's defenses

#### What are the ingredients of Vitexmin K2 and D3?

- Magnesium oxide
- Anti-caking agent: cellulose
- Capsule shell: cellulose, zinc bisglycinate
- Menaquinone-7 (MenaquinGold?)
- Cholecalciferol
- Anti-caking agent: magnesium stearate.

#### What is the nutritional value of Vitexmin K2 and D3 per 1 capsule?

- 187.5mg Magnesium (50% NRV\*)
- 22.5mg MenaquinGold? (provides 45?g of Vitamin K2 (menaquinone-7) 60% NRV\*)
- 10mg Zinc (100% NRV\*)
- 50?g Vitamin D3 (2000 IU, 1000% NRV\*).

#### What is the recommended daily dose of Vitexmin K2 and D3?

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<https://bio-farma.es/buy/f/sakai/vitexmin-k2-and-d3-60-vegetable-capsules>



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It is recommended to take 1 capsule a day (unless otherwise prescribed) ingested with a glass of water.

### **What precautions should I take into account when taking Vitexmin K2 and D3?**

It is not recommended for pregnant women, nursing mothers, or children. It should not be used as a substitute for a balanced diet. It is important to follow a varied and balanced diet and a healthy lifestyle. It is recommended not to exceed the recommended daily dose.

