

Collagen Complex 20 Envelopes

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Vitamin C contributes to the normal formation of collagen for the normal functioning of cartilage.

DESCRIPTION

What is Collagen Complex and what is it for?

The collagen complex is a food supplement that helps relieve pain in the joints, muscles and rheumatism, maintaining its flexibility and lubrication. In addition, it promotes the preservation of cartilage and improves joint mobility, which prevents sports injuries such as tendonitis and muscle strains. It also improves the appearance of the skin, nails and hair.

What is the Collagen Complex dosage?

You should take one sachet a day, preferably between meals, dissolved in half a glass of cold water.

What are the ingredients of the Collagen Complex?

- Hydrolyzed Collagen Powder, Maltodextrin
- Glucosamine sulfate powder (contains crustaceans)
- Flavoring (flavouring powder and lemon juice (Citrus limon L. fruit))
- Marine chondroitin sulfate (contains fish)
- Dry extract of tabashir bamboo (Bambusa arundinacea) with 70% silicon
- MSM (methylsulfonylmethane)
- Harpagoto dry extract (Harpagophytum procumbens DC. root) with 2.5% harpagosides
- Vitamin C (L-ascorbic acid)
- Sweetener (sucralose)
- Hyaluronic acid
- Manganese sulphate
- Vitamin B2 (Riboflavin).

Do you have any contraindications or recommendations for Collagen Complex?

Not recommended during pregnancy, lactation and people with severe liver or kidney problems.

