

# BIO grain quinoa 500 gr

EAN: 8437012461093 FABRICANTE: QUINUA REAL



Royal quinoa grain is the most premium quality variety of quinoa. It is grown near the largest salt desert in the world, the Uyuni salt flat, which gives it superior nutrients and vitamins. It is also certified gluten-free and saponin-free.

#### DESCRIPTION

### Ingredients

Real Quinoa\*.

\* from organic farming

### Allergens

It does not have.

## How to use

Rinse the quinoa and simmer one portion of quinoa for every two portions of water. Boil until the water is absorbed.

#### **NUTRITIONAL INFORMATION**

Kcal.	378
Kj.	1584
Carbohydrates(g)	64
of which sugars (g)	5
Proteins (g)	14
Fats (g)	6
of which saturated (g)	0.8
Fiber (g)	4
Salt (g)	0.01

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241116 https://bio-farma.es/buy/f/quinua-real/bio-grain-quinoa-500-gr



