

Melato+ 30 capsules 378 mg

EAN: 8436048048025

FABRICANTE: PRISMA NATURAL



Melato + is a dietary supplement made from melatonin and plants specially formulated to help you fall asleep and reduce nervousness.

DESCRIPTION

Melatonin is a hormone produced by the pineal gland, located in the center of the brain, which is secreted at night in response to darkness to help our body regulate sleep cycles, and decreases in the morning.

DIRECTIONS FOR USE: Take 1 capsule daily, 30 minutes before bedtime.

COMPOSITION FOR 1 CAPSULE : Dry extract of Poppy (*Eschscholzia californica* Cham.) 117mg, Dry extract of Passionflower (*Passiflora incarnata* L. 2% flavonoids) 117mg, Dry extract of Melissa (*Melissa officinalis* L. 2.5% rosmarinic acid) 36mg, Linden powder (*Tilia officinalis*.) 18mg, Valerian dry extract (*Valeriana officinalis* L. 0.2% valeric acid) 12mg and Melatonin 1.8mg. Capsule (Gelatin and Colorant (E-171)).

