

Ravintsara Bio Leaf essential oil 10 ml

EAN: 5420008505454

FABRICANTE: PRANAROM



Originally from Madagascar and also called Cinnamomum camphora chemotype cineole, it grows wild in humid tropical forests and can reach 15 metres in height.

DESCRIPTION

Its leaves are oval, alternate, leathery and long, resistant and shiny on the upper side, which reminds us that it belongs to the laurel family. It flowers from November to January and produces a very characteristic berry.

Composition: Sabinene, 1,8 cineole, α -terpineol

Instructions for use:

- Take 2 drops on a neutral support 3 times a day. Maximum recommended daily dose of oil: 6 drops - 230 mg
- "Formula to increase natural defenses in winter:
 - In a 10 ml bottle put 150 drops AEQT Ravintsara + 70 drops AEQT Eucalyptus radiata + 25 drops AEQT Laurel + 35 drops AEQT Niaouli.
 - Massage: Massage 3 drops of the above preparation together with a few drops of vegetable oil into the chest and upper back 3 times a day. This formula is not recommended during pregnancy, breastfeeding or for children under 5 years of age.

Precautions: Seek advice from a health professional. • Keep out of reach of young children. • Not a substitute for a varied and balanced diet and a healthy lifestyle. • Do not exceed the recommended dose. • Do not take for more than 14 days. • Do not use during pregnancy, breastfeeding or in children under 6 years of age. • Keep away from all sources of heat and light.

