

Eco Plantis Coconut Oil 250 gr

EAN: 8435041047219

FABRICANTE: PLANTIS



Plantis coconut oil is a pure extra virgin oil, it comes from organic farming and its uses include culinary or gastronomic use, skin and hair hydration.

DESCRIPTION

Benefits and properties of Pure Extra Virgin Coconut Oil Plantis Plantis Coconut Oil is a pure **extra virgin oil for cooking**. Plantis coconut oil comes from organic farming. Plantis coconut oil is rich in vitamins and minerals. Among the vitamins we find B1, B2, B3 and B6. Among the minerals we find phosphorus, calcium, potassium, iron, zinc and magnesium, which is why it is also suitable for use as a body moisturizer, and for dry hair as a way of nourishing it.

How to take Plantis coconut oil? Plantis Coconut Oil is suitable for cooking and is used just like any other cooking oil. It can also be taken raw from one to four tablespoons a day, for the digestive system and for people with irritable bowel syndrome.

Plantis coconut oil can be used to moisturize dry hair and to moisturize the skin in case of eczema or psoriasis.

