

## Melanoctina Spray 30 ml

EAN: 8435100846067 FABRICANTE: PLAMECA



*Melanoctina Spray helps reduce the time needed to fall asleep.*

### DESCRIPTION

Contains **melatonin**, which helps reduce the time needed to fall asleep.

### Ingredients

Water, Fructose, Flavouring (lemon), Melatonin, Thickener (xanthan gum), Acidity regulator (citric acid), Preservatives (potassium sorbate, sodium benzoate).

### Nutritional table

#### Active ingredient Recommended dose amount (6 sprays)

Melatonin	1.9 mg
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### Instructions for use

For adults take 6 sprays (0.6 ml = 1.9 mg of melatonin), half an hour before going to sleep.

For children aged 3 years and over: administer between 1 spray (0.1 ml = 0.32 mg of melatonin) and 3 sprays (0.3 ml = 0.95 mg of melatonin).

To help you fall asleep, it is recommended to take this product at the same time every day.

In case of nocturnal awakenings, 2 sprays can be reapplied during the night.

