

## Melanoctin Go to sleep in no time! 60 Comp

EAN: 8435100844087 FABRICANTE: PLAMECA



*Melatonin helps reduce the time it takes to fall asleep.*

### DESCRIPTION

Melatonin helps to reduce the time needed to fall asleep. The beneficial effect is obtained by taking 1 mg of melatonin shortly before going to sleep.

### Ingredients

Dextrate, Bulking agent (cellulose), Stabilizer (cross-linked sodium carboxymethylcellulose), Melatonin and Anti-caking agents (magnesium salts of fatty acids, talc).

### Nutritional table

Per recommended dose Quantity (1 tablet)

Melatonin	1.95 mg
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NRV = Nutrient Reference Value.

### Instructions for use

Allow one tablet to dissolve in your mouth half an hour before going to sleep. It is recommended to take this product always at the same time.

