

Melanoctin Go to sleep in no time! 30 Comp

EAN: 8435100844070 FABRICANTE: PLAMECA



Melatonin helps reduce the time it takes to fall asleep.

DESCRIPTION

Melatonin helps to reduce the time needed to fall asleep. The beneficial effect is obtained by taking 1 mg of melatonin shortly before going to sleep.

Ingredients

Dextrate, Bulking agent (cellulose), Stabilizer (cross-linked sodium carboxymethylcellulose), Melatonin and Anti-caking agents (magnesium salts of fatty acids, talc).

Nutritional table

Per recommended dose Quantity (1 tablet)

Melatonin	1.95 mg
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NRV = Nutrient Reference Value.

Instructions for use

Allow one tablet to dissolve in your mouth half an hour before going to sleep. It is recommended to take this product always at the same time.

