

Noctesia 90 Tablets

EAN: 3701145690121 FABRICANTE: PILEJE



Noctesia is a food supplement from Pileje laboratories. Noctesia is indicated for quality sleep and to promote relaxation.

DESCRIPTION

What is it and what is Noctesia from Pileje laboratories for?

Noctesia from Pileje laboratories is a food supplement based on extracts of eschscholtzia (*Eschscholtzia californica*) and valerian (*Valeriana officinalis*). Eschscholtzia promotes relaxation. Eschscholtzia and valerian promote quality sleep.

What is the recommended daily dose of Noctesia Pileje?

The recommended dose is two or three tablets daily, with a glass of water, before bedtime.

What are the ingredients of Noctesia Pileje?

The ingredients of Noctesia are:

Phytostandard® eschscholtzia extract (*Eschscholtzia californica*, flowering aerial parts) and valerian (*Valeriana officinalis*, roots) (carrier: acacia fiber), bulking agents (cellulose and calcium phosphates), stabilizer (cross-linked sodium carboxymethylcellulose), anti-caking agents (mono and diglyceride of fatty acids and magnesium salts of fatty acids), coating agents (hydroxypropylmethylcellulose, polydextrose and fatty acids).

Does Noctesia de Pileje have contraindications or side effects?

Medical monitoring is recommended in case of concomitant use of psychotropic treatments (anxiolytics, hypnotics, antidepressants).

Pileje Noctesia is not recommended for pregnant or lactating women. It is also not recommended for children under the age of twelve.

Excessive consumption of Noctesia de Pileje can have laxative effects.

