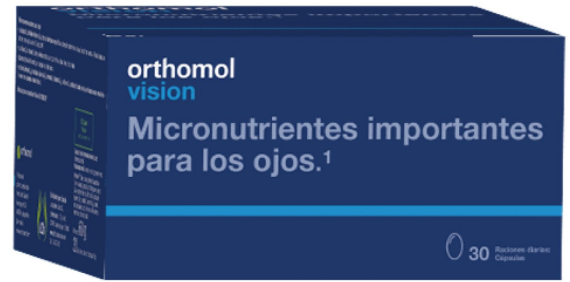


Orthomol Vision 30 Caps

EAN: 8470002067196

FABRICANTE: ORTHOMOL



Food supplement with important micronutrients for the eyes. Contributes to the maintenance of vision under normal conditions.

DESCRIPTION

What is Orthomol® Vision?

Orthomol® Vision is a food supplement. Important micronutrients for the eyes. Vitamin A, riboflavin (vitamin B2), zinc and the omega-3 fatty acid DHA contribute to the maintenance of vision under normal conditions. The beneficial effect is obtained with a daily intake of 250 mg of DHA. Vitamin C, vitamin E, zinc and selenium contribute to the protection of cells against oxidative damage. Thiamine (vitamin B1) contributes to normal energy metabolism. Thiamin (vitamin B1), riboflavin (vitamin B2), vitamin B6, vitamin B12, vitamin C, biotin and niacin contribute to the normal functioning of the nervous system (including the optic nerve).

How to use

Take the contents of one sachet daily with plenty of liquid during or after a meal. The capsules can be taken in any order throughout the day. Micronutrients are necessary every day, regular use is recommended.

What is the composition of Orthomol® Vision?

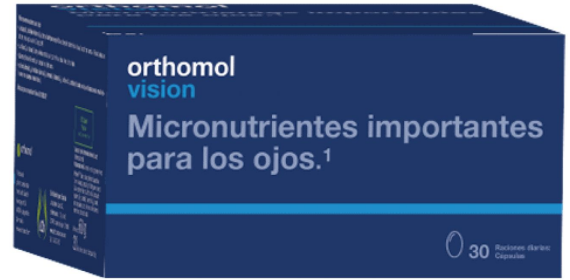
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Vitaminas	Por ración diaria	% VRN**
Vitamina A	600 µg ER°	75
Vitamina D	15 µg (600 UI°°)	300
Vitamina E	73 mg alfa-ET°°°	608
que incluye, de Gamma Tocoferol	10 mg	***
Vitamina C	200 mg	250
Tiamina (vitamina B1)	2 mg	182
Riboflavina (vitamina B2)	2,5 mg	179
Niacina	20 mg EN*	125
Vitamina B6	2,5 mg	179
Ácido fólico	400 µg	200
Vitamina B12	9 µg	360
Biotina	150 µg	300
Ácido pantoténico	15 mg	250
Minerales	Por ración diaria	% VRN**
Zinc	15 mg	150
Selenio	60 µg	109
Cromo	60 µg	150
Otros ingredientes	Por ración diaria	% VRN**
Luteína	10 mg	***
Zeaxantina	2 mg	***
Lycopeno	1 mg	***
Bioflavonoides (de cítricos, uvas y bayas de saúco)	50 mg	***
Ácidos grasos omega-3, que incluye:	360 mg	***
Ácido eicosapentaenoico (EPA)	30 mg	***
Ácido docosahexaenoico (DHA)	300 mg	***

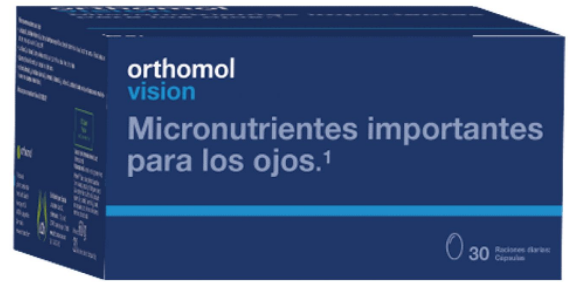
°ER=Equivalentes Retinol Internacionales ER=Equivalentes Alfa-Toco
 I°°=Equivalentes Niacina I°°°=Equivalentes Alfa-Toco
 I°°°=Equivalentes Niacina I°°°=Equivalentes Alfa-Toco
 *** Recomendación europea no disponible

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What are the ingredients in Orthomol® Vision?

Fish oil (27%), gelatin (bovine), L-ascorbic acid, humectant glycerol, zinc gluconate, DL-alpha-tocopheryl acetate, palm oil, emulsifiers mono- and diglycerides of dietary fatty acids, bioflavonoids citrus extract (from *Citrus sp.*), emulsifier lecithin, calcium D-pantothenate, mixed tocopherols, nicotinamide, lycopene (from *Solanum lycopersicum*), lutein from *Tagetes erecta* extract (0.6%), anthocyanins from berry extract elderberry (from *Sambucus williamsii*), polyphenols from grape seed extract (from *Vitis vinifera*), color iron oxides, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, zeaxanthin (from *Tagetes erecta*) (0.1%), palmitate retinol, pteroylmonoglutamic acid, chromium (III) chloride, D-biotin, sodium selenate, cholecalciferol, cyanocobalamin.

Warnings

Do not take during pregnancy and lactation.

Important observations

? Do not exceed the recommended daily dose.

? Food supplements should not be used as substitutes for a balanced and varied diet and a healthy lifestyle.

? Keep out of the reach of little kids.

Other useful information

? Orthomol® Vision is lactose and gluten free.

? When taking Orthomol® Vision, in isolated cases, slight belching may occur due to the fish oil content (omega-3 fatty acids) in the capsules.

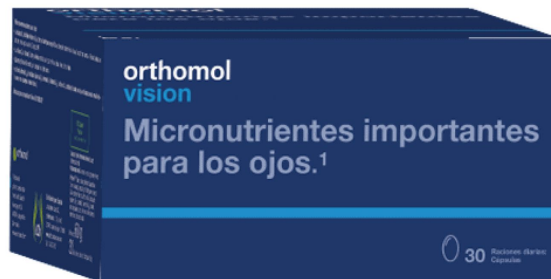
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? The gelatin included in this product is of bovine origin.


Storage

Store Orthomol® Vision in a cool, dry place.

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