

Ashwagandha KSM-66 600mg 30 Tablets

EAN: 5605481408823 FABRICANTE: NATURMIL



Ashwagandha Naturmil is enriched with B complex vitamins and Zinc that promote psychological function, the functioning of the nervous system, having an adaptogenic action. Useful in depressive states, mental performance, sexual performance, cognitive function and anxiety.

DESCRIPTION

What is Ashwagandha Naturmil used for?

It has multiple actions:

- ? Neuroprotection;
- ? Anti-cancer;
- ? Anxiety control;
- ? Promotes virility;
- ? Arthritis, tuberculosis, asthma, leucoderma, bronchitis, back pain, fibromyalgia, menstrual problems, chronic liver disease, hyperactivity;
- ? It is an adaptogenic;
- ? Anxiety control;
- ? Control of insomnia;
- ? Reduction of stress related to depressive states;
- ? Reduces cortisol and stress-induced immunosuppressive effects;
- ? Improves physical performance in sedentary and active people;
- ? Reduces LDL cholesterol;
- ? Improves memory;
- ? Activation of the antioxidant defense system that protects nerve cells from apoptosis, oxidative stress and DNA damage;
- ? Induction of the cholinergic system;
- ? Regulation of genes related to neuroplasticity linked to memory and neuronal arborization.

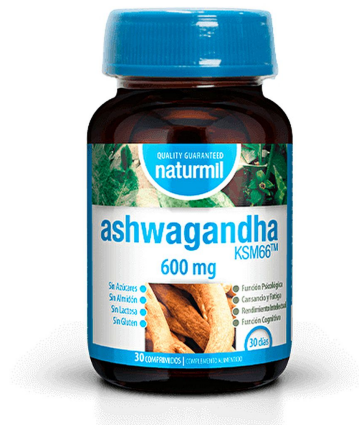
What are the ingredients of Ashwagandha Naturmil?

Withania somnifera (Ashwagandha KSM66™, patented dry extract of the roots); bulking agent:



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microcrystalline cellulose; zinc oxide; anti-caking agent: magnesium salts of fatty acids; Calcium D-pantothenate; cyanocobalamin 0.1%; anti-caking agent: silicon dioxide; pyridoxine hydrochloride; thiamine hydrochloride.

What is the composition of an Ashwagandha Naturmil tablet?

Per 1 tablet: Ashwagandha KSM66? 600 mg, Vitamin B1 1.1 mg (100% NRV*), Vitamin B6 1.4 mg (100% NRV*), Pantothenic Acid 6 mg (100% NRV*), Vitamin B12 2 .5 ?g (100% NRV*), Zinc 10 mg (100% NRV*). * Nutrient Reference Value.

What is the use of Ashwagandha Naturmil?

One tablet a day, preferably after breakfast. Take with at least 1 or 2 glasses of water.

In which cases is Ashwagandha Naturmil contraindicated?

It is not recommended in cases of pregnancy and lactation.

It is not recommended for ages under 12 years. Digestive changes (spasms, diarrhea, nausea) may occur.

