

## Wild Yam 60 Vegetable Capsules

EAN: 8435110852096 FABRICANTE: NATURLIDER



*Wild Yam Naturlider is a food supplement used for female hormonal regulation.*

### DESCRIPTION

#### What is Wild Yam Naturlider and what is it used for?

It is a food supplement that serves as a hormonal regulator.

Wild Yam root is native to North America. The plant has tender, heart-shaped leaves, green in color, and the part used is the tubers. The tubers are the thickened roots of the plant, they are rich in starches and contain diosgenin. Diosgenin is rich in estrogen, hence Wild Yam is a hormone regulator rich in estrogen.

#### What is the composition of Wild Yam Naturlider?

Dry extract of wild yam (*Dioscorea vilosa* L., root) 500 mg, anti-caking agents (magnesium stearate and silicon dioxide).

#### What is the recommended daily dose of Wild Yam Naturlider?

It is recommended to take one or two vegetable capsules a day, with a glass of water, during a meal.

