

## VITAMIN COMPLEX NATURLIDER 60 Vcaps

EAN: 8435110851518    FABRICANTE: NATURLIDER



*The Naturlider vitamin complex is made up of twelve vitamins and seven minerals and are ideal in case of their deficiency, due to poor nutrition, due to extreme physical activity, or in the case of diseases in which it is necessary to increase the vitamin consumption. The Naturlider vitamin complex provides specific micronutrients for people with intense physical and/or intellectual activity.*

### DESCRIPTION

The **Naturlider vitamin complex** has been made based on essential vitamins and minerals for our body. The Naturlider multivitamin complex is suitable for men, women and young people who need an extra supply of **vitamins**, either due to **poor nutrition**, due to vigorous **physical activity**, **stress**, or **illnesses** that require an extra supply of vitamins.

The Naturlider Vitamin Complex, due to its complete composition, contributes to:

Reduce **tiredness and fatigue**, due to its content of iron, niacin and pantothenic acid.

To the protection of cells against oxidative damage, due to its content of vitamin C, manganese, riboflavin, selenium, vitamin E and copper.

To the normal functioning of the **immune system**, due to its content of vitamin C, zinc, iron, copper and niacin.

To the normal functioning of the **nervous system** and normal psychological function, due to its content of niacin, thiamine and biotin.

To the maintenance of the **skin** in normal conditions, due to its content in niacin, thiamine and biotin.

To the maintenance of **hair and nails** in normal conditions, due to its selenium and zinc content.

To normal **cognitive function**, due to its zinc and iron content.

To the maintenance of **vision** in normal conditions due to its content of vitamin A and riboflavin.

To the maintenance of **bones** in normal conditions and the normal functioning of muscles due to its content of vitamin D and manganese. And, to the protection of blood lipids against oxidative damage due to its content in olive polyphenols.

