

VITAMIN C 500 mg 30 VEGETABLE CAPSULES

EAN: 8435110851709 FABRICANTE: NATURLIDER



Vitamin C Naturlider is a food supplement indicated to strengthen the immune system and in those cases in which there is a deficit of Vitamin C.

DESCRIPTION

What is it and what is Vitamin C Naturlider for?

It is a food supplement made up of Vitamin C, in the form of L-ascorbic acid, providing a daily dose of 500 mg.

What are the properties of Vitamin C Naturlider?

- Vitamin C contributes to the normal functioning of the immune system.
- Contributes to the protection of cells against oxidative damage.
- It contributes to the normal formation of collagen for the normal function of the skin, blood vessels, bones, cartilage, gums and teeth.
- They contribute to normal energy metabolism.
- To the normal functioning of the nervous system.
- To normal psychological function.
- Helps reduce tiredness and fatigue.
- Improves iron absorption.

What is the recommended daily dose of Vitamin C Naturlider?

The recommended daily dose is one vegetable capsule per day, preferably in the morning with breakfast.

What are the ingredients of Vitamin C Naturlider?

Vitamin C (L-ascorbic acid) 500 mg, glazing agent (hydroxypropylmethylcellulose*), bulking agents (calcium phosphate dihydrate and microcrystalline cellulose), anti-caking agent (magnesium stearate), purified water*, and gelling agent (gellan gum).

What are the interactions, side effects or contraindications of Vitamin C Naturlider?

You should consult your doctor if you are pregnant or breastfeeding, or have special medical conditions.





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Its consumption is not indicated in people with a diagnosis of hemochromatosis, kidney function problems and people with a predisposition to the formation of kidney stones.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241222
<https://bio-farma.es/buy/ff/naturlider/vitamin-c-500-mg-30-vegetable-capsules>

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