

SOFO-CALM 30 Vcaps (before MEMO-CALM)

EAN: 8435110851846 FABRICANTE: NATURLIDER



Sofocalm Naturlider is a non-hormonal food supplement based on plant extracts and essential nutrients formulated to help prevent and relieve symptoms related to menopause, such as hot flashes, profuse sweating, sleep disorders and nervous irritability. Naturlider Sofocalm is a good alternative to classic hormonal and/or phytoestrogenic treatments.

DESCRIPTION

What is Sofocalm Naturlider and what is it used for?

Sofocalm is a Naturlider food supplement developed following the guidelines of Dr. Miriam Al Adib, Gynecologist and Obstetrician.

Contains standardized extracts to ensure the effectiveness of its active ingredients. Formula reinforced with GABA, melatonin, zinc and vitamin B6.

What are the indications for Sofocalm Naturlider?

Sofocalm Naturlider is recommended to improve symptoms related to menopause and perimenopause: hot flashes, profuse sweating, sleep disorders and nervous irritability.

What is the recommended daily dose of Sofocalm Naturlider?

The recommended daily dose of Sofocalm Naturlider is one capsule daily, with a glass of water and at night.

Does Naturlider Sofocalm have interactions, side effects or contraindications?

Consult the professional in case of pregnancy or lactation, if you are being treated with medication or have certain conditions special medical.

Due to its content in Cimicífuga, it is contraindicated in hypersensitivity to the drug. Due to its potential effect on luteinizing hormone (LH), *C. racemosa* is contraindicated in children and adolescents up to the age of 18 years. There is insufficient data on its safety during pregnancy and lactation. Patients on estrogen treatment or with hormone-dependent tumors should only take black cohosh preparations under medical supervision.

