

Probioticslider 30 Envelopes

EAN: 8435110850795 **FABRICANTE: NATURLIDER**



Probioticslider Naturlider is a symbiotic, that is, it is a mixture of probiotics and prebiotics. It is indicated in case of taking antibiotics and to restore the intestinal flora.

DESCRIPTION

Probioticslider naturlider is a food supplement known as a symbiotic preparation. Symbiosis is defined as the mixture of **probiotics** and **prebiotics** that beneficially affects the host by improving the survival of live microbes in the host's digestive system.

Prebiotics have the same purpose as probiotics, although they use different mechanisms of action. Lactobacilli and bifidobacteria are the main genera on which probiotics can affect. Compared with lactobacilli, bifidobacteria are more likely to benefit, probably because bifidobacteria reside in greater numbers in the human colon than lactobacilli and have a greater preference for oligosaccharides. In probioticslider, the genus Bifidobacterium is represented with three species, so the prebiotic contribution in the form of inulin is highly consistent.

The concept of "fiber" admits different definitions and thus we can speak of dietary fiber, as the set of carbohydrates non-digestible and lignin present in foods of plant origin, or functional fiber, consisting of isolated, non-digestible carbohydrates that have beneficial effects in humans.



