

PRECOV 30 Envelopes

EAN: 8435110851686

FABRICANTE: NATURLIDER



Precov Naturlider is a food supplement with natural ingredients, minerals and vitamins, which contributes to the functioning normal immune system. The combination of plant ingredients and essential nutrients in Precov prepares the body to deal with unfavorable environmental conditions, and helps strengthen the immune system against external agents.

DESCRIPTION

What is Precov Naturlider and what is it used for?

It is a food supplement rich in omega 3, plants, vitamins and minerals. It is recommended to strengthen the immune system.

The proper functioning of the immune system is related to several factors, among which it is worth highlighting: a healthy and balanced diet, the practice of physical exercise and a good rest. Food is a determining component. Inadequate intakes, both due to excess and deficiency and that do not meet nutritional recommendations, induce alterations in the immune system. Patients who are obese or who follow a diet with a caloric deficit (less than 1200 Kcal/day) will have a higher risk of suffering from infections. It is necessary to favor the consumption of water-soluble and fat-soluble vitamins, minerals, omega-3 fatty acids, fiber, and probiotics to achieve a strong immune system. Water-soluble vitamins (such as vitamin C), regulate the immune response against possible external attacks by viruses and bacteria, and fat-soluble vitamins (such as D), help the correct differentiation of epithelial tissue and stimulate the production of cells such as antibodies and leukocytes (cells of the immune system). The consumption of these vitamins, together with minerals such as selenium and zinc, have a positive effect on the production of different antibodies against a possible infection. Omega-3 fatty acids strengthen the immune system and have an anti-inflammatory effect. Fiber and probiotics help the well-being of intestinal bacteria (microbiota) that also play a very important role in the immune response. We will find all these nutrients in foods such as: fruits and vegetables, legumes, whole grains, oily fish and olive oil. So, the immune system of each individual will play a fundamental role against any pathogen such as Covid-19, so it is very important to help keep it in normal conditions.

In which cases is it indicated to take Precov Naturlider?

It is indicated in case of external aggressions, such as sudden changes in temperature, cold weather, stress, insufficient rest.



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What is the recommended dosage of Precov Naturlider?

You should take one sachet a day, dissolved in a glass of water.

What are the ingredients of a Precov Naturlider sachet?

Omega 3 powder 21% 1500 mg (fish), Pureway-C granules (Fatty acids, Citrus bioflavonoids (citrus sinensis; citrus limon; citrus aurantifolia; citrus reticulata; citrus tangerina), fruit and fatty acid oil, vitamin C) 1111, 1 mg, Beta-glucans (yeast, Saccharomyces cerevisiae, 75%) 666.66 mg, lemon aroma, Japanese Acacia dry extract (Sophora japonica buds, 95% Quercetin) 526.32 mg, bulking agent (granular maltodextrin), acidity regulator (citric acid), sweetener (sucralose), zinc citrate 24.20 mg, sodium selenite 447.42 µg and vitamin D3 (cholecalciferol) 100 µg.

Does Precov have interactions, side effects or contraindications?

You should consult your doctor if you are pregnant or lactating, if you are taking medication or have special medical conditions.

You should avoid taking Precov together with medications and other fiber-based food supplements.

