

Lactase Enzyme 60 Vegetable Capsules

EAN: 8435110851495 FABRICANTE: NATURLIDER



Naturlider's lactase enzyme helps digest lactose for those with lactose intolerance. By helping to digest lactose, it reduces gas or flatulence, bloating, diarrhea and other problems related to the digestion of dairy products.

DESCRIPTION

What is Naturlider 5000 FCC Lactase Enzyme and what is it for?

Naturlider's lactase enzyme is a food supplement that converts lactose into glucose and galactose. This makes it possible for people with lactose intolerance to have no problem with this food supplement.

Naturlider's lactase enzyme, by helping to digest lactose, reduces gas, bloating, diarrhea and problems associated with the digestion of dairy products and their derivatives.

Lactose is a sugar, naturally present in dairy products. It is digested by the enzyme lactase into glucose and galactose, which are absorbed into the bloodstream. People with lactose intolerance lack this enzyme and as a result are unable to fully digest lactose. If not digested, lactose reaches the large intestine where it is degraded by its microflora. The resulting byproducts can cause symptoms of lactose intolerance including diarrhea, abdominal cramps, flatulence, and nausea. When lactose intolerant people stop consuming dairy products, their calcium intake tends to be lower, which can put their bone health at risk. About 50% of the world's population is lactose intolerant, meaning they cannot drink milk or consume dairy products without experiencing these uncomfortable symptoms.

Aspergillus oryzae lactase has high activity at low pH (pH 3.5 - 5.5) which makes it particularly suitable for digesting lactose in the stomach. The use of this enzyme to degrade lactose is well established, both scientifically and commercially.

What indications does the Naturlider lactase enzyme have?

Naturlide Lactase Enzyme is indicated to help eliminate discomfort associated with lactose intolerance such as bloating, gas, diarrhea and abdominal cramps that occur after consuming dairy products.

What are the ingredients of Naturlider Lactase Enzyme 5000?

The ingredients of the enzyme Lactase 5000 Naturlider are:

- Bulking agents (microcrystalline cellulose and calcium phosphate dihydrate),
- Coating agent (hydroxypropylmethylcellulose*),



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- Tolerase™ L (β -galactosidase/ Lactase (Aspergillus oryzae, 5000 ALU)) 50 mg,
- Anti-caking agent (magnesium stearate),
- Purified water
- Gelling agent (gellan gum*)

Does Naturlider Lactase Enzyme have interactions, side effects or contraindications?

Consult the professional in case of pregnancy or lactation, if you are being treated with medication or have certain conditions special medical.

Lactose intolerance and milk protein allergy are two different problems with different treatment.

What is the recommended daily intake of Naturlider Lactase Enzyme?

The recommended daily consumption of Naturlider Lactase Enzyme is one capsule per day, and two can be taken if the meal provides a significant amount of dairy. Do not exceed 3 capsules daily. Take 1 capsule before a meal containing products with lactose. One capsule is equivalent to the digestion of a glass of whole milk (240 ml).

