

Kalmlider 60 Vegetable Capsules

EAN: 8435110850122 FABRICANTE: NATURLIDER



Kalmlider Naturlider is indicated to improve mood, contributes to the maintenance of the balance of the nervous system.

DESCRIPTION

What is Kalmlider from Naturlider and what is it for?

Kalmlider Naturlider is a food supplement, whose composition is based on the stigmas of the saffron flower, which is a highly appreciated species in the world. They have a bitter taste as well as a characteristic aroma, which come from its main components such as safranal. Kalmlider naturlider, also contains a carotenoid called crocin that gives it a golden yellow color.

Kalmlider contains a standardized extract of saffron that contributes to maintaining the balance of the **nervous system** and improving **mood**.

Saffron dry extract is used to control anxiety and stress, proving to be effective in treating low mood.

In addition, saffron can be used as an ally for weight control, as it helps reduce appetite.

It has also been shown that saffron reduces the symptoms of premenstrual syndrome, improving mood, relieving pain and decreasing breast sensitivity.

What are the ingredients of Naturlider's Kalmlider?

The ingredients of Naturlider Kalmlider per capsule are:

- Bulking agents (microcrystalline cellulose and maltodextrin)
- Glazing Agent (Hydroxypropyl Methylcellulose (capsule))
- Anti-caking agents (magnesium stearate and silicon dioxide)
- Saffron dry extract (Crocus sativus, stigmas) 15 mg, standardized to 2% safranal

What are the healthy properties of Kalmlider from Naturlider?

The properties of the standardized extract of saffron are to maintain the balance of the nervous system and to maintain the state of mind.

What is the recommended daily dose of Kalmlider Naturlider?





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It is recommended to take one capsule before breakfast and one capsule in the afternoon, with a glass of water.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241222
<https://bio-farma.es/buyff/naturlider/kalmlider-60-vegetable-capsules>

<https://bio-farma.es> - info@bio-farma.es

C/ Vermell, 20 3r 3a - 17252
St. Antoni de Calonge (Girona) Spain

 +34 696 79 77 77

