

HORSETAIL STD 60 VEGETABLE CAPSULES

EAN: 000450

FABRICANTE: NATURLIDER



Horsetail Naturlider is a natural food supplement that cures minor urinary problems because it cleanses the urinary tract. In addition, Naturlider horsetail strengthens the hair and improves brittle nails.

DESCRIPTION

What is Naturlider Horsetail and what is it for?

Horsetail Naturlider is a natural plant that acts as a diuretic, making it useful for mild urinary problems. By acting as a diuretic, it helps reduce fluid retention but should not be used long-term.

Horsetail is a perennial shrub belonging to the Equisetaceae family. It is one of the plants with the highest silicon content.

It has been one of the natural remedies used by ancient cultures due to its properties. Traditionally the Horsetail has been used in infusions with diuretic properties, to stimulate urine production.

What are the ingredients of the Naturlider Horsetail?

The ingredients of Naturlider Horsetail, per capsule are:

- Horsetail dry extract (Equisetum arvense, stem and leaves) 400 mg
- Standardized to 1% silicic acid
- Bulking agent (maltodextrin)
- Anti-caking agents (magnesium stearate and silicon dioxide)

What is the recommended daily dose of Naturlider Horsetail?

It is recommended to take three capsules a day, before meals, with a glass of water.

